

1st Annual Fall Frenzy 5K & Kids 1 Mile Fun Run

Presented by the YMCA of Central VA

- WHO:** Participants of all ages!
- WHAT:** 1 Mile Fun Run & 5K Race
- WHERE:** Downtown YMCA
- WHEN:** Saturday, September 11th
Fun Run 5:30pm, 5K 5:45pm

Cost

5K entry fees:

Early registration- Now through 8/20: \$18 (\$15 for Y Members)

Late registration—8/21-9/10: \$20

Race Day Registration—4:15-5:30pm: \$25

Fun Run entry fees: (ages 12 & under)

Early registration- Now through August 20th- \$10

Late registration— 8/21-9/10 \$12

Race Day Registration
4:15-5:15pm- \$15

Register at the following locations:

Online

www.lynchburgymca.org

Downtown Y

434-847-5597

Jamerson Family Y

434-582-1900

Riverside Runners

434-846-7449

Visit our website for
more info

www.lynchburgymca.org

